

NEWS BRIEF

A female Northwest student reported a rape in Dietrich Hall Jan. 23.

The alleged rape occurred and was reported at around 2:45 a.m., according to University Police Chief Clarence Green. The female student was taken to Saint

Francis Hospital to have a rape kit performed and then was interviewed by a University Police Officer.

Following the interview, University Police found and apprehended the suspect and interviewed him as well.

Green said there are more interviews and evidence to go through before the decision of whether or not to go to the prosecutor is made.

It will also depend on whether or not the female student wants to go forward with charges of any

kind.

The female student has several options when it comes to how to go forward.

She can do nothing and drop the charges, only receive help through counseling and Title-IX but not file any charges, file a Ti-

tle-IX case against him with no criminal case or file a criminal case as well.

Because University Police apprehended the suspect, there was no direct threat to campus safety so a Clery Act report was not released to students or faculty.



KOLBY SINCLAIR | PHOTO ILLUSTRATION

Addiction to prescription pain killers is one of the many problems gaining a large amount of focus from state lawmakers.

# The pill problem

Missouri law makers address opioid addiction problem

JAKE MCKNIGHT

News Editor | @jbmcnight93

Sen. Claire McCaskill is planning a hearing on the growing abuse of heroin and prescription painkillers.

Opioids are medications like Vicodin and Oxycontin prescribed for pain relief. Opioid abuse is rising at an alarming rate across the nation. According to the Center for Disease Control (CDC), last year more than 40,000 Americans died due to overdose and two-thirds were related to the use of painkillers.

“Missouri needs more tools to fight opiate abuse, including a prescription drug monitoring program, more specialized treatment centers and better research about average drug use,” McCaskill said.

State lawmakers have resisted enacting such a program for more than a decade because of worries about the security of a government database with medical information.

Federal data shows a rise in drug overdoses and heroin use. Researchers say abuse of opioid painkillers is partly to blame for the rise in heroin. The data also shows that painkillers are often a precursor to heroin.

State Rep. Holly Rehder testi-

fied that her daughter became addicted to opioids after she cut her thumb at work and was prescribed painkillers.

“It wasn’t hard for her daughter to find more painkillers once she ran out, and her next 13 years were spent in and out of rehabilitation programs and prison,” Rehder said.

Rehder has introduced a bill to create a prescription drug monitoring program. A House commit-

tee is scheduled to review the measure and Rehder said House Speaker Todd Richardson is in favor of her proposal.

“Missourians ought to talk to the other 49 states that have done this. We’ve heard no outcry of violations of privacy. We’re the outlier here,” McCaskill said.

McCaskill also pointed out the Department of Veterans Affairs runs a drug monitoring system without

complaints. Wal-Mart and Walgreens also run internal monitoring programs.

Executive Director of the American Academy of Pain Management Bob Twillman is responsible for overseeing federal and state pain policy developments and advocating for those supporting an integrative approach to managing pain.

“Doctors often prescribe enough painkillers to keep a patient from running out instead of how much a patient actually needs. That’s because little research has been done on the amount of opioids the average person uses” Twillman said.

McCaskill notes in a news release that Missouri is the only state without a prescription drug monitoring program that would keep people from “doctor shopping” to obtain prescription drugs.

“Measures to fight opiate addiction should be careful not to force people to quit cold turkey, because that doesn’t treat their addiction and can possibly force them to seek out street drugs,” Twillman said.

40,000

AMERICANS DIED LAST YEAR FROM  
OVERDOSE

2/3

OF THOSE DEATHS WERE RELATED TO  
PAINKILLERS

DATA SHOWS THAT PRESCRIPTION  
PAINKILLERS ARE OFTEN A PRECURSOR TO

HEROIN

Students  
discuss  
LGBT+  
initiatives  
going into  
the new year

BETH POTTROFF

Missourian Reporter | @TheMissourian

The LGBT+ community is taking steps to build on the freedoms earned in 2015.

Brittany Coppock is part of the LGBT+ community on campus, Common Ground. She wants peo-



HANNAH WOODSON | NW MISSOURIAN

Northwest student Sagar Ghimire holds up a sign during Pride March Oct. 29.

ple to know that the members of the community just wants to be treated like everyone else.

The LGBT+ community has some goals for this year. It would like to see transgender people be able to use their preferred bathrooms. The community would also like to continue to educate people

about sexual orientation and gender identity. It would also like to have people outside of the community call the community by its correct name, LGBT+. The “+” at the end of the name includes any other names people identify themselves as.

SEE LGBT | A5

Changes on the horizon  
for Greek Life in 2016

JAMES HENDERSON

Editor in Chief | @jendersoniii

At the end of last semester, University President John Jasinski sent an email to students and faculty detailing changes he would be implementing in the spring and those changes are starting to be seen.

In the email, Jasinski detailed the changes he referred to as a Greek Life visioning process. This process included an examination of Northwest Greek Life as a whole by Jasinski and other Northwest leaders. The email said this was all in an effort to better Greek Life at Northwest.

“As we are engaged in addressing a strategic plan as well as a campus master plan, it is appropriate to ask for a Greek Life visioning process designed to address how we

might be proactive in shaping its future outlook at Northwest in order to ensure its vibrancy and positive contributions to student, organizational and community success,” Jasinski said in the email.

This push for change came following a semester in which there were multiple Greek related sexual assaults and the suspension and removal of University recognition for Tau Kappa Epsilon.

A committee comprised of alumna Christina Amys, alumnus John Moore, Northwest Greek Life Coordinator Lauren Stehlik, Greek Life graduate assistant Kassi Ward and three undergraduate Greek students, is leading this process.

SEE GREEK LIFE | A5



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LEFT: CNN prepares for the Democratic Town hall forum. RIGHT: Protestors stand out front of Drake University on the night of the forum.

# Democrats discuss education ahead of Iowa Caucus

**AUSTIN BAUER**  
Special to The Missourian

Just seven days before the Iowa caucuses, the Democratic presidential candidates made one last case for their candidacy.

On Monday, Jan. 25, the three Democratic hopefuls for president participated in a town hall styled forum at Drake University in Des Moines, Iowa, where they took questions from the audience.

With a younger audience at the event and with many students in attendance, a portion of the forum focused on the candidates' plans for education. Sen. Bernie Sanders was the first to address the audience about his plan to provide free tuition

to college students through increasing the taxes on Wall Street.

"A college degree today is the equivalent of what a high school degree was 50 years ago," Sanders said. "People want to criticize me, fine. I believe that every kid in this country who has the ability and the desire should be able to get a higher education regardless of the income of his family. And I will pay for that through a tax on Wall Street speculation."

Next, former Maryland Gov. Martin O'Malley discussed his plans for America's future, including debt-free college for students.

"I have put forward in your state 15 strategic goals to move our country forward again, to rebuild the truth

of the American dream to get wages to go up, to make college more affordable and debt-free within the next five years, cut drug overdoses in half in the next 10 years, gun deaths in half in the next 10 years," O'Malley said.

Hillary Clinton, who received the endorsement of the Des Moines Register just days before the forum, was the last candidate to take the stage. After being asked about the lack of enthusiasm from her younger supporters compared to the supporters of Sanders, she tried to connect with the younger demographic and stress that she was the progressive choice.

"I've been on the front lines of change and progress since I was your age," Clinton said.

The candidates took questions from members of the audience during the forum and Joy Latson, a sophomore at Iowa State was able to ask O'Malley about his record in Baltimore and how his zero-tolerance policies negatively affected the African-American community. In an interview after the event, she said, "I know that there are a lot of issues that are really important, but I know, since I am a college student, college debt and the cost of that is a really big issue. I mean, me being able to attend college, and I know I'm going to grad school after this, and it's really expensive. I know plenty of people like me who aren't lucky enough to get a scholarship or the financial aid and who are very capable of going to college, but

don't have the funds to go."

To solve the problem of high tuition, Latson said Sanders had the best plan.

"Bernie Sanders talks about having free tuition for college, which I think would be great," Latson said. "I know a lot of people criticize how he is going to pay for with taxing Wall Street, and increasing the taxes to help pay for that, which I think is a good idea. I feel like a lot of the candidates have good ideas when it comes to combatting debt that students accumulate, but I kind of feel that Sen. Sanders has, in my opinion, the best plan for that."

Freshman Elizabeth Fischer at Drake University was undecided before hearing the candidates, but also said that education was important to her.

"I think that debt from college and making college affordable, as a college student, it's really important to tackle that as quickly as we can," Fischer said, "because it's getting outrageous to pay for school anymore...I really enjoyed Martin O'Malley's views on education."

The audience members at Drake University were not the only ones watching the forum, however. CNN shared the intimate Iowa evening with the rest of nation by airing it on television.

Missouri Western student and elementary education major Maddie Marx was one of those watching the forum on TV. As a college student and a future teacher, Marx said that education was an important issue for

her and thought all three candidates presented good ideas for improving the country's educational system.

"Obviously, no college student is going to argue with having free college," Marx said. "I mean, that's a great idea, but making that happen is another thing. So, we have Bernie Sanders saying 'we're going to have complete free college' and that's a great idea in theory, but people don't want taxes to go up, so you encounter a problem... We also have the problem of debt-free college, which is also an amazing idea. I kind of more on the side of Hillary Clinton and paying off that debt and dissolving debt and income-based debt [repayment]."

All three candidates did well, Marx said, but the major difference she found was not between the individual candidates, but between the two political parties.

"I think anybody watching it is comparing it to a Republican debate or discussion," Marx said. "There's such a vast difference between the two, and I'm not just saying that because I do happen to be more on the left side, but I think it's apparent to anybody that this [the Democrat forum] isn't a knock-each-other-down, hurt-each-other's campaign race. It's an actual 'let's have a discussion and talk about policy' sort of race."

With the forum coming just days before the Iowa Caucus, it can be sure that the people of Iowa will have plenty of discuss before the important vote.



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**SUNDAY, JAN. 31**

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# Northwest is SEEING GREEN

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- Writing a paper on violence prevention.
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### NWGreenDot

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Visit <http://www.nwmissouri.edu/greendot/> for more information



# Wood selected for quarterly award

JACOB MCKNIGHT

News Editor | @jbmcknight93

Maryville local Stacy Wood was honored at Monday's City Council meeting as the Employee of the Quarter for the fourth quarter of 2015.

Wood began working for the city in 2006 as a part-time employee in the Public Works office. In 2007, Wood was promoted to her full-time position. Her duties include a wide variety of administrative tasks for the public works department such as Water/Wastewater, Streets, Code Enforcement, Central Garage and GIS.

Human Resources Manager Amy Strough said Wood was instrumental in keeping everyone informed and on the same page.

Wood also worked with Missouri Department of Natural Resources (DNR) to secure grant funds for the Home Repair Opportunity Program (HeRO). It has been Strough also said that without Wood, this year's project would not have been approved by the DNR.

"Stacey is a phenomenal employee and great with customer service. She goes above and beyond. She always has a smile on her face," Mayor Reidel said.

## OTHER BUSINESS

On Jan. 19, 2016, City Council received a lot split application from 3131 E. 1st Street, LLC. The proposed lot split will divide a commercial tract of 63.64 acres into two separate tracts. Tract one will be a 37.51 acre commercial area that would in-

clude the former Energizer Building and operations area and Tract two will encompass 26.13 acres of agricultural land.

The purpose of the lot split is to separate surplus acreage that is being leased as agricultural land for potential sale. In accordance with the Municipal Ordinance 410.060, a lot split need not be approved by the Planning and Zoning Commission, but shall be approved by resolution of the council prior to recording. The code states "side lot lines shall be substantially at right angles to straight street lines or radial to curved street lines."

Due to the nature of lot split lines they do not meet all of the code requirements. City Council believes this should be an exception at this location to include as much agricultural land to be included in Tract two as possible. There are already lines in this area that do not meet that code requirement but also do not create any issues. City Council believes this should be allowed in this lot split also and do not foresee and issues it would create.

City Council has also checked with Nodaway County Economic Development Director Josh McKim who concurs that the lot split should proceed as proposed.

The resolution has been reviewed and approved by the city attorney. The comprehensive plan states the land use and development policies in this section which this lot split would align with.

An ordinance providing for a general re-election will be held Tuesday, April 5.



JAKE MCKNIGHT | NW MISSOURIAN

Maryville local Stacy Wood was nominated and selected as Employee of the Quarter. Wood works in Public Works building.

# Fear of losing jobs to machines may be irrelevant

BETH POTTROFF

Missourian Reporter | @TheMissourian

There's no denying that machines are a part of our life. From packaging food to fixing cars, there seems to be a machine for everything today.

There are articles all over the web with mixed opinions concerning the growing presence of machines in the workplace. Some argue that machines are taking jobs from people and that our world will be run by machines.

Others argue that while they take away old hard labor jobs, they create new ones. The question now is, are machines really taking more

jobs from people than they create?

Christian is a line runner at Kawasaki in Maryville. Kawasaki is a Japanese/American company that manufactures motors.

It was the first foreign vehicle company to open a manufacturing plant in the United States. More than 600 people are employed at the Kawasaki in Maryville.

There are six lines in the area he works in that help produce the crankshaft. He runs a machine that makes a crankshaft, which is an engine part.

He presses a switch on a machine to start it and the machine takes two to three minutes in the line to work on the part.

There are about 42 machines at Kawasaki running in each line. Almost all the machines are ran by people. There are only a couple that run without assistance.

"There's a couple machines that run by themselves," Christian said. "They cost way too much money and are slow."

Christian has been working for Kawasaki for three years. There have not been many new machines added, and no human jobs have been lost due to machines.

Most of the machines need people to run them, which allows people to keep their jobs while doing less physical labor.

Kawasaki operates on a just in

time supply method which means that the company manufactures certain parts and pieces right on the assembly line.

This helps prevent the company from having shortages or excess inventory.

This also means that it there is less time to manufacture the parts.

In his opinion, machines help people in the job market. Machines are more efficient than people and also help take off some of the heavy labor that people would have to do otherwise.

Considering that Kawasaki manufactures motors, many of the parts are very heavy. Machines can help lift the heavy equipment.

"People can't have the precision a machine does," Christian said, "it takes a machine a matter of minutes to do something that would take a person all day."

Machines must be operated and fixed when they break down. The machines have to be taken care of in order to run properly. By having to run and maintain machines, jobs are created for people rather than taken away.

Though it is uncertain yet to tell whether or not machines will take away more jobs than they create, it is certain that they help improve the production of everyday products that we own and buy.

## Worship in Maryville

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W. Dale Stewart, Minister

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[fcc@embarqmail.com](mailto:fcc@embarqmail.com)

### First Presbyterian Church

Worship, Sundays @ 10:30 a.m.

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[pbymaryv@embarqmail.com](mailto:pbymaryv@embarqmail.com)

### Wesley Student Center

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Wednesday Nights

Faith/Life Study 7:00 Thursday Nights

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Travis Dimmitt  
Campus Minister  
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(wesley@nwmissouri.edu)  
[www.northwestwesley.com](http://www.northwestwesley.com)

Facebook Page at Northwest Wesley Student Center



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Thursday: 9 p.m. Mass, Confession after Mass

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### Maryville Church of Christ Sunday

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Featured cartoon



After switching to Detroit water supply, Flint, Michigan, has found doses of poison in its tap water causing lifelong ailments and death.

OUR VIEW:

Natural remedies should be used to fix continued prescription drug abuse

For years prescription drug abuse has been a growing issue among many Americans. Accidental overdose and abuse has quadrupled since 1999, making it more lethal than heroin and cocaine. An emerging issue is the ease at which one can obtain an opiate prescription . We believe that there is an easier way to reduce the abuse and dependency on harmful prescriptions such as Oxycontin and Vicodin. There are multiple natural alternatives that are far less damaging and addictive than their prescription counterparts. One certain alternative medicine that has the same effect and is closely related to hydrocodone is Kratom.

This is a natural leaf from Thailand which can come in supplement forms such as pills or powder. The plant does have some side effects such as delayed ejaculation, stomach aches and lowered sex drive. But only if taking much more than the suggested amounts. None of the side effects are as damaging as hydrocodone. Kratom can be abused as it is still a pain relieving medication, but all medicines that will make you feel better are likely to be abused to some extent. However, this is a natural supplement, so even becoming addicted is far less damaging. The problem remains that this natural treatment is outlawed in several areas.

It was outlawed in its country of origin for 70 years before discovering it is something helpful. Another natural treatment to consider instead of opiates is the Valerian root. This is a plant grown in many parts of the world and is taken orally as a substitute to benzodiazepines such as Valium. This root has very few side effects and is far safer than most natural supplements even. The only reported side effect is a feeling of mental dullness that comes from the tranquility effect of the plant. However, that is only if the root is taken in excess far beyond needed amounts. We believe doctors should suggest natural supplements first.

Of course, the one drug we can look at to help many people with many different diseases and pains is marijuana. This is an all natural substance with several different ways of use like inhaling, topical treatment or oral consumption. This is a safe, natural medicine that is far less addictive than its counterparts. What Missouri really needs to consider is allowing these types of medicines to be used. If the senators are so worried about the safety of the people on the medications, they should look at ways to make it safer for them to use something they may need rather than making it almost impossible to get the other options.

You hear quite often of someone getting addicted or harmed by dangerous prescription pills because they just want the pain to go away. They can make the pain go away the exact same way with something less addictive and harmful. We need to start funding the natural drug companies, we need doctors to suggest natural cures and we need senators and the Missouri government to pass the laws necessary to make these remedies legal. That is the real way to stop or at least slow down the prescription drug abuse Missouri sees in today's society.

Do not spread rumors about the deceased



After the unexpected death of freshman Haily Hayes Jan. 17, gossip immediately spread across campus. When I first heard the news, I was completely in shock. I never received the email from Northwest, so I didn't think it was even true. I didn't believe that something like that could happen on our campus, especially to someone so young. I knew that students had previously passed away on campus before, but it had never been someone I'd actually met. Almost instantly, I had friends and family from home texting and calling me, asking what had happened to Haily. I was bombarded with questions and assumptions about her death. I began to realize that some of these people didn't genuinely care about Haily, they were just texting me for the details. Although I wasn't close with Haily, I found this incredibly disrespectful. When people weren't getting the answers they wanted, I started hearing graphic rumors about how Haily passed. I didn't really expect anything else from students, but I even started hearing rumors from teachers. I heard some students go as far as trash talking her and the people who are supporting her friends and family because they're "being fake" for supporting someone they didn't know or weren't close to. Maybe it's the way I was raised,

but I've been taught all my life not to speak ill of the dead. In order for an official cause of death, there has to be an autopsy. Autopsy results can take up to 10 weeks to get back. Haily's autopsy has not been completed, so there is no cause of death yet. Anything that you've heard is just a rumor and should not continue to be spread. It's incredibly disrespectful to Haily, her family and her friends to continue spreading these rumors. If and when the autopsy results are released, they should still be discussed with the utmost respect for Haily and the Hayes family. Despite the rumors and disrespect, there has been an incredible amount of support for the Hayes family and Haily's friends. Sunday night, the day of Haily's passing, Northwest counselors held a support session in the Sigma Kappa chapter room for her sorority sisters. The following day, a memorial was held in the Student Union for all of campus to attend. A heartwarming number of students and staff showed up to support Haily, her family, and her friends. Over 50 Bearcats went to Haily's celebration of life on Saturday in Oak Grove, Missouri. A family friend of Haily's set up a gofundme account to help the Hayes family and in just nine days, \$9,120 was raised by 220 people. These donations went to the Hayes family to relieve some of the financial stress during this heartbreaking time. Although monetary donations are helpful, the best thing you can do during a time of loss is to give the respect and support you would want if you were the one in that situation.

Put an end to restroom police



Which bathroom should I use: men's or women's? This question has caused a nationwide debate and forced conservatives to realize the struggle transgender people face over a public amenity. Since we were kids, we were taught by our parents how to use the restroom and which one to use in public depending on our gender. Girls were taught they needed to sit and boys were taught when to stand or when they could sit. Girls went to the restroom that had the figure with a dress and boys went to the one that didn't. But what happens when someone is born with certain genitals and doesn't identify with the gender they were born as? Do we tell them to use the restroom they were taught to use or the one they choose to? I believe transgender individuals should have the choice to use the restroom they want. If we really think about it, the restrooms purpose is to relieve the body. We go in, do our business, hopefully wash our hands and leave. It's as simple as that. Nonetheless, there are also people of the majority and some transgender individuals that believe the transgender community should be separate from the majority when it comes to handling its business. This is when "gender neutral" restrooms come into play. They are open for transgender people who desire a neutral space and for those of the majority to use their own restroom without feeling awkward, which is utterly ridiculous. The thought of even considering "special restrooms" that are designated for transgender people is just shocking. It kind of gives you "Jim Crow-era" vibes when blacks were segregated from whites. By telling a transgender person which restroom they have to use or creating special restrooms for them only takes us back to a time when a certain group of people was isolated from the majority because it was different. All our society will be doing is repeating history, only this time skin color isn't the determining factor. As Americans we thrive on the concept of freedom of rights. We pride ourselves on our democratic society that gives us the sovereignty to live life without restraint and make our own choices. Though America still has a long way to go on particular equality issues, we as a country have come a long way since the 60s. So if equality is so important to us, why is this topic such a hard one for Americans to come to terms with? Just like any minority group, the transgender community desires equality and fairness whether that means they can compete in the Olympics or use the men's toilet. So my fellow Americans, let's stop the madness over someone's bathroom preferences and start worrying about things that actually cause harm to our country such as gun laws, police brutality, even the next ignorant comment that comes out of Donald Trump's mouth. One thing to not be concerned about is where someone decides to take a No. 1.



LGBT  
CONTINUED FROM A1

The most important goals LGBT+ community would like to achieve are acceptance, understanding and respect.

“I want to see the day where no one is ridiculed or killed for the sexual orientation or identity,” Coppock said.

In 2015 the biggest accomplishment for the LGBT+ community took place June 26 when the U.S. Supreme Court ruled that same-sex couples had the right to marry in every state. Another big accomplishment was July 27 when the Boy Scouts of America ended its ban on gay adult leaders.

Steve Bryant works on campus in the office of Multicultural Student Success. He supports students from marginalized backgrounds, students of various races and informs people about social injustice.

“It’s important to get people who don’t experience these things to support those who do. Diversity is a fact,” Bryant said. “It’s good to have people come together. Inclusion is something we create. It insures that people are valued, supported and heard so they can be at their personal best.”

Bryant’s goal for all of the social movement groups on campus is simply that the groups set goals they feel need to accomplish and then follow through with them.

Social movement groups have a huge impact on society. Social justice movements start with people who recognize that something is not right. By showing to support to these groups we can continue to grow together as people.



HANNAH WOODSON | NW MISSOURIAN  
The LGBT+ community, coming off civil rights wins in 2015, plans to gain even more rights in 2016, including bathroom rights of transgender people.

GREEK LIFE  
CONTINUED FROM A1

This committee is not only in charge of reviewing Greek Life, but is also tasked with leading the organizations as the changes are decided upon and put into place.

“We will be collecting information in the form of surveys from Greek students, non-Greek students, faculty and staff, advisors, alumni, and Maryville community members,” Stehlik said. “We anticipate having open forums during the second phase of our visioning process to collect feedback from the Northwest community.”

Other leadership involved in the vision process includes Greek chap-

ter representatives, non-Greek students, Greek Life staff, Greek advisors, Student Senate Executive Committee representatives, Board of Regents, Northwest Leadership Team members, alumni, national organization representatives and Husch Blackwell representatives, the legal firm that represents Northwest.

This process began at the end of last semester, but Stehlik said she anticipates the in-depth examination of the Greek Life system will be finished by April 15, 2016.

With this review process looming in the background, Greek Life has also welcomed other changes going into this semester.

Greek Week will be returning to

campus with Abby Mahanes, Clint Bornemeier and Courtney Leeper running the executive board. Greek Week will take place March 28 to April 3.

Changes to recruitment have also taken place. Interfraternity Council recruitment in the past lasted from Monday to Friday. However, it will now last from Monday to the next Monday. According to IFC, it was in order to line bid day up with the Panhellenic Council bid day.

Greek Life will also host its first Greek Scholarship Ceremony Feb. 9. Stehlik said this ceremony is aimed at recognizing individual and chapter scholastic achievements.

“The month of February is recognized as ‘Month of the Scholar’

by The National Panhellenic Conference,” Stehlik said. “Our Panhellenic Council will host educational programs through February highlighting this month. Scholarship is one of four values in our Greek

Community (Leadership, Scholarship, Service, and Brotherhood/Sisterhood).”

Northwest leadership has made it clear Greek Life will see changes in 2016.

Food insecurity plagues Missouri

JAKE MCKNIGHT  
News Editor | @jbkmcknight93

Missouri ranks sixth worst with in the U.S. for food insecurity and continues to be a major issue that affects one in five households with children.

The United Nations Food and Agriculture Organization defines food security as a situation that exists when all people, at all times, have physical, social and economic access to sufficient, safe and nutritious food to meet their dietary needs and food preferences for an active and healthy life.

Food insecurity can lead to a host of health problems, including diabetes and obesity. This is because many people can only afford or access high-calorie, processed and nutrition-deficient foods.

In an effort to raise awareness for the growing issue, the Missouri Foundation for Health (MFH) has released the newest publication in its Health Equity Series: Food Insecurity, a comprehensive report that examines Missouri’s food system. This includes how social determinants of health impact food security

and food access, as well as the connection between disparities in health outcomes and an inequitable food system.

“The face of hunger has definitely changed, and the numbers regarding food insecure families in Missouri are staggering. No one should have to worry about having enough food. Therefore, we’re hoping this report will serve as a resource to those looking to step in and assist Missouri residents with getting what they need to overcome food insecurity in our region,” Vice President of Policy at MFH Ryan Barker said.

According to the report, common characteristics of those who are food insecure include low-income households, households headed by a single parent, households headed by an African-American or Hispanic person, households within a principal city of a metropolitan area, individuals who are renters, individuals who are younger in age and individuals who are less educated.

In 2013 in the U.S., 23 percent of Hispanic households and 26 percent African-American households experienced food insecurity. The

rate for both of these populations was almost twice that of the national average.

“I personally think that is sad that a large number of families don’t have access to food in our state,” sophomore Darian Day said.

Food insecurity rates have been rising in Missouri for the last 10 years. On a scale of one to 50, where one is the most food insecure and 50 is the most food secure, Missouri ranked sixth for food insecurity, second behind Arkansas for hunger.

Missouri Foundation for Health continues to make significant investments toward reducing food insecurity in the state. In late 2013, MFH created a series of Emergency Food Access grants to help food insecure households seek assistance through food banks. The Foundation partnered with the Food Bank for Central and Northeast Missouri, Ozarks Food Harvest, Southeast Missouri Food Bank and St. Louis Area Food Bank to support infrastructure improvements. Each organization received \$1 million to enhance both its facilities and those of its community-based partners.

Blotter for the week of Oct. 2

Maryville Department of Public Safety

**Jan. 14**  
A summons was issued to **Joshua J. Rockhold** at 1000 Block North Main for Driving While Intoxicated, Defective Equipment and Possession of Drug Para-

phernalia.

**Jan. 16**  
A summons was issued to **Madison M. Cassavaugh** at 1000 Block North Country Club for Drug Possession Paraphernalia.

There is an ongoing investigation for a Lost or Stolen License Plate at 200 Block East 3rd Street.

**Jan. 20**  
There is an ongoing investigation for Harassment at 500 Block West 1st Street.

**Jan. 21**  
A Fire Report has been issued at 600 Block East 7th Street for a Appliance Fire.

Northwest Missouri State University Police Department

**Jan. 17**  
There is a closed disposition for Stealing at Horizons West Apartments.

There is an open disposition for

Death at Perrin Hall.

**Jan. 20**  
There is an open investigation for Stealing in Roberta Hall.

**Jan. 21**  
There is an open disposition for Relationship Violence at an Unknown Location.

**Jan. 23**  
There is a closed disposition for a Liquor Law Violation at Franken Hall.

There is a closed disposition for a Liquor Law Violation at Willow Apartments.

There is an open disposition for Rape at Dietrich Hall.

There is an open disposition for Stealing at Hudson Hall.

**Jan. 24**  
There is a closed disposition for a Liquor Law Violation at Tower Suites East.

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# IN CASE YOU MISSED IT



The 2016 Winter Jam tour came to Kansas City Sunday, Jan. 24. The concert featured Crowder, Matthew West and For King and Country.

One Direction is officially on a hiatus for 2016. However, Tuesday the band released a music video for its single “History.” The video features flashbacks of the last five years as a band.



Leonardo DiCaprio’s latest movie, “The Revenant” hit theaters last week and is now up for 13 Oscars, including Best Actor in a Leading Role. This could potentially be DeCaprio’s first Oscar, depriving the rest of the world of his Oscar-less memes.

“50 Shades of Black” hits theatres Jan. 29. It is a parody of “50 Shades of Grey” which premiered Feb. 13 of last year. Maybe this movie will actually have a plot line.



Donald Trump is still the leading Republican candidate, however, after a fight with Fox News moderator Megyn Kelly, he announced that he will be skipping the debate tonight. Thank goodness.

The Iowa Caucuses are Monday, Feb. 1. Perhaps we are getting close to the end of all the campaigning, but with four more months of primary voting to go, it’s unlikely.

#ICYMI

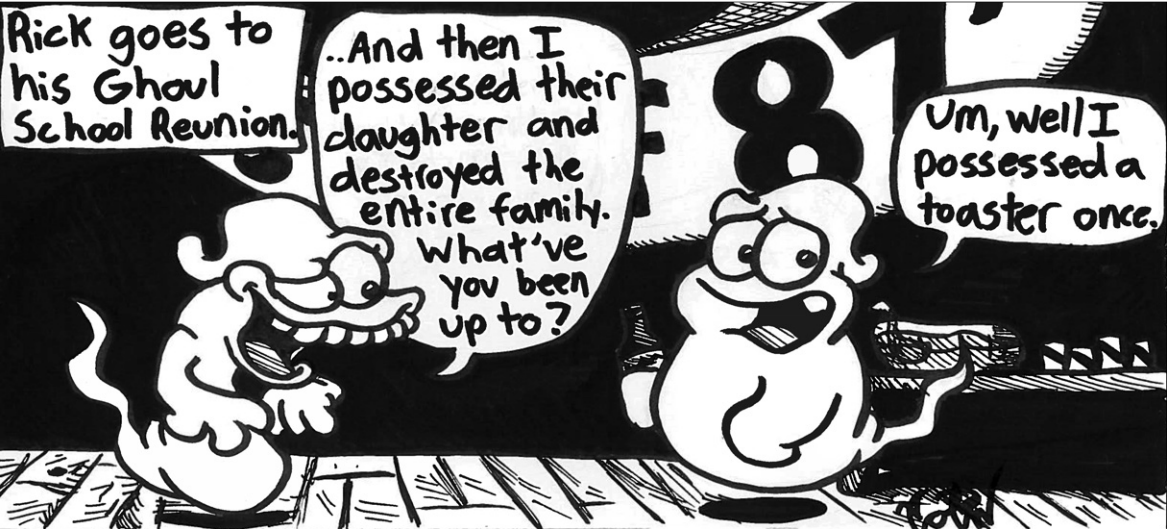
## SUDOKU

By MetroCreative

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Level: Intermediate

## Paranormal Inactivity



COLIN VAUGHAN | NW MISSOURIAN

## DERPDUCK



COLIN VAUGHAN | NW MISSOURIAN

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## CROSSWORD

By Peter A Collins

### Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

#### Clues Across

- Cathode-ray tube
- A leglike part
- Old world, new
- Sec. of Def. Panetta
- Greek god of E or SE wind
- Supervises flying
- In a way, bothers
- Federal savings bank
- Stout lever with a sharp spike
- F.S. Fitzgerald’s wife Zelda
- Snakelike fish
- Scads
- Prophet
- Former “Daily Show” star
- Organized crime head
- Oil obtained from flowers
- 2X WWE Divas Champ
- Brine cured Canadian cheese
- Slow oozing
- Volt-ampere
- Phenyl salicylate
- European defense organization
- Anglo-Saxon theologian
- Doctrine
- Soviet peninsula
- Large long-armed ape
- Protects from weather
- Mops
- Bridge expert
- Fabric woven from goat and camel hair
- Capital of Honduras
- Tell on
- Wooden clog
- Beloved
- Fed
- Decays
- Single Lens Reflex

#### Clues Down

- Applauds
- Actress Zellweger
- Obtained by addition
- Chief executive officer
- Flees
- Murres genus
- \_\_\_ Wong, spy

1	2	3		4	5	6	7		8	9	10
11			12		13			14		15	
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		46			47				48		
49	50								51	52	53
55				56		57	58	59	60		
61				62					63		
64					65					66	
67						68				69	

- Works well as a remedy
- Tripod
- A nautical unit of depth
- Most populous Native Am. people
- Genus Capricornis
- Universally mounted spinning wheel
- Spanish shawl
- Macaws
- No (Scottish)
- Takes dictation
- Spanish appetizers
- The Muse of lyric and love poetry
- Romaine lettuce
- Alias
- A way to beat
- Son of Jacob and Zilpah
- Amount of time
- Most guileful
- Younger US political party
- Electrical resistance unit
- Side way
- Milton’s Cormus composer Henry
- Sheep up to age one
- Green algae
- Capital of Morocco
- S.E. French city on the Rhone
- Asian nation
- Great No. Am. RV Rally
- Culture medium and a food-gelling agent
- Inflamed lymph node swelling
- Native of Edinburgh
- Belonging to a thing

## SOLUTIONS

	H	U	E	S		S	A	L	A	M		
I	C	I	C	L	E	P	L	A	N	E	S	
B	R	E	A	K	T	H	E	I	C	E	M	C
E	S	E		T	A	W		E	L	G	A	R
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5	3	2	4	9	7	6	1	8
2	6	8	9	3	4	5	7	1
1	9	7	2	8	5	3	4	6
3	4	5	6	7	1	9	8	2
9	5	4	7	1	2	8	6	3
6	2	3	5	4	8	1	9	7
7	8	1	3	6	9	4	2	5





2016.JAMTOUR.COM

# Northwest Bearcats jam with Jesus

REBECCA BOREN  
A&E Editor | @beccalynnborn

Every single dollar matters to a college student. So when tickets for a concert featuring 10 bands are only \$10, it seems nearly impossible to say no.

Winter Jam is the largest annual Christian music tour in the United States. Concerts this year began Jan. 2 in Charleston, West Virginia and will end April 3 in Louisville, Kentucky.

The tour came to the Kansas City, Missouri Sprint Center Jan. 24 and Northwest students were immediately drawn to the experience.

Senior Nikeila Jensen heard about the tour from her roommate Madison Hawk who had been to the concert in previous years.

“I love For King and Country... I saw the band this summer at the Iowa State Fair, so I was so excited to hear that it would be at Winter Jam,” Jensen said.

The headlining bands featured at the concert included Sidewalk Prophets, Matthew West, Crowder and For King and Country.

“The Sprint Center was packed,” Jensen said. “It was so amazing to see so many believers praise God in one place. It was probably the largest worship gathering in Kansas City this year.”

Each year, Winter Jam supports Holt International, an international adoption agency.

According to Holt’s website, the charity was founded in 1956 and since then has become the largest organization in the world to connect people to international adoption services. They provide both pre- and post-adoption support for families.

“At Holt International, we seek a world where every child has the support and resources to reach their full potential... a world where every child has a loving and secure home,” the website reads.

At the concert, a woman that had been adopted through Holt spoke to the crowd. She moved people to a standing ovation when she spoke about the life she left to find the salvation and redemption waiting for her in the United States.

“I don’t think I have ever heard a stadium so quiet (while she was talking),” Jensen said.

## Winter Jam featured artists and top songs

### We Are Messengers

“Everything Comes Alive”  
“I’m on Fire”

### RED

“Already Over”  
“Pieces”

### Stars Go Dim

“Crazy”  
“Incredible”

### Sidewalk Prophets

“You Love Me Anyway”  
“Live Like That”

### KB/Tedashii/Trip Lee

“Nothing I can’t do”  
“Superstar”

### Matthew West

“Hello, My Name Is”  
“Do Something”

### Lauren Daigle

“How Can it Be”  
“Trust in You”

### Crowder

“Come as You Are”  
“Lift Your Head Weary Sinner”

### Newsong

“The Christmas Shoes”  
“Arise My Love”

### For King and Country

“Shoulders”  
“Fix My Eyes”

Holt does not just provide adoption services, it also allows people to sponsor a child in need.

Emily Thorton was adopted through Holt International and now works on staff for them. She advocates for children who are abandoned, not because their parents do not love them, but because they do not have the resources to take care of the child.

For \$30 a month, anyone can sponsor a child and provide resources for him or her such as education, clean water, healthcare and better food.

However, even those who did not choose to sponsor a child still supported the charity by attending the concert and raising awareness.

Freshman Samuel Pettit has attended Winter Jam for the past seven years.

“The overall atmosphere is full of excitement,” Pettit said. “You can feel the bass drum beating in your heart, the smoke,

pyrotechnics and flamethrowers also add a lot of thrill.”

However, there is one Northwest student who had a Winter Jam experience different from everyone else’s.

Junior Sara Burgess was standing outside the Sprint Center waiting in line when Ben McDonald, the rhythm guitarist for Sidewalk Prophets came in to the crowd. He stood right next to Burgess and asked if anyone had a passion for singing. Burgess admitted that she did.

Burgess did not recognize McDonald from the band, but when he asked her to sing “Words I Would Say” she obliged.

McDonald then revealed who he was and asked her if she would sing that song with them on stage.

“I was in awe of what was happening. It was a dream come true. I instantly said yes and so we made our way backstage,” Burgess said. “Out of 25,000 people that day, he happened to stumble upon me. It was completely orchestrated by God, no doubt in my mind.”

Burgess has been passionate about music since she was a young child.

“There are no words for it. I had an overwhelming peace come over me while I was standing next to Dave and Ben up on that platform,” Burgess said.

The Sidewalk Prophets first got its start when Christian band Audio Adrenaline first heard Dave Frey (lead singer) and McDonald’s first demo. Audio Adrenaline then invited the two to sing in front of 20,000 people. The stunt ended with Frey and McDonald getting a record deal with World Records.

Since then, Frey and McDonald have been passionate about giving others the opportunity they were given while they were first starting out.

Although no one else had quite the experience Burgess did, everyone agrees that Winter Jam is something everyone should experience.

“It is an opportunity of a lifetime,” Pettit said. “I will even pay for you to go.”



SUBMITTED

Ben McDonald and Dave Frey gave Northwest student Sara Burgess her first opportunity at exposure by inviting her to sing in front of more than 25,000 people.



HOLTINTERNATIONAL.ORG

Holt International works in these countries to provide families for orphaned and abandoned children. Winter Jam attendees are given the opportunity to sponsor these children to give them resources that they need. To learn more information about Holt International, visit [www.holtinternational.org](http://www.holtinternational.org).



# Meeting the needs

Northwest offers human services as a new degree opportunity

ANTHONY PROCOPIO  
A&E Reporter | @AnthonyProcRoss

An exciting new addition to the degree programs has arrived, creating an option to pursue the Human Services Bachelor of Science degree and meeting the needs considering a diversely growing student population.

The degree is “Designed to meet human needs through interdisciplinary knowledge, focus on prevention as well as remediation of problems, and maintain a commitment to improving the overall quality of life” as dictated by Northwest’s Academic web showcase.

While Northwest offers a psychology degree, there grew a need for an applied science degree. To meet students’ needs and to expand the opportunities given at Northwest, the university decided it was time to add the Human Service major.

Senior Saundra Weigel-Blount changed her major to this new degree program.

“I was so excited when I found out that Northwest was going to offer this degree,” said Blount. “It came right at a time when I was stressing out about if my former major was right for me and if that is really what I wanted to do for the rest of my life. Then I saw that human services was a new major.”

Northwest students can expect to learn skills that will prepare them for work in multiple human service sector settings.

Graduates are able to become Human Services Board Certified Practitioners after reaching post-graduation requirements. This certification allows for students to appear more appealing for future employers.

Career opportunities are diverse, growing and widely available in the growing field of human services. Such opportunities include work in the fields of social services, criminal justice, child welfare, alcohol and substance abuse prevention, developmental services, gerontology, healthcare administration and business affiliation.

The Occupational Outlook Handbook expects careers in human services to grow up to 31 percent through years 2012 to 2022. AmeriCorps, YMCA, Gallup, Preferred Family Healthcare and Boys Town are all employers hiring students from this field

Human Services Degree Committee Chair and Introduction to Human Services course instructor Cris Jacobson has high expectations for the future of this program.

“I am excited to continue to work with both the student and the faculty as this program grows. We



Katelyn Vernon (left) and Takina Manning are two of the 63 students majoring in Human Services.

have been amazed at how fast our numbers have grown,” Jacobson said.

A course is only as good as its instructors. Jacobson believes in the staff employed at Northwest Missouri State University.

“The faculty have worked to

create meaningful field experiences in order to give our students the opportunity to apply course material with the goal of not only enhancing the learning experience but allowing the student to develop as professionals,” said Jacobson.

New additions to Northwest’s

degree program mean more opportunities and new reasons for students to be interested in coming to this campus. Support and enthusiasm are apparent from both students and staff. Hope for the successful development and execution of the program is in place.

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EOE/AA

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Part-time, 15-20 hours per week primarily evenings, weekends, and holidays

Starting wage is \$12.89 per hour

Must have working knowledge of computers, good oral/written communication skills, ability to type 35 wpm, gather and dispense information under pressure. Radio/ phone experience a plus.

## Elle Woods takes on Northwest

JESSICA TRIPLETT  
A&E Reporter | @jestrp

You won't leave disappointed after experiencing the charming story and talented cast of the spring musical, Legally Blonde.

Audience members will get the chance to follow Elle Woods through her transition from bubbly, fun-loving sorority girl to a dedicated, intelligent Harvard Law student.

What begins as a pursuit of an ex-boyfriend turns into a life changing experience that gives Elle the most exciting time of her life.

She proves herself among the most well-to-do law students during a trial of a workout guru. It is then that she discovers her love for law and shows everyone that she can be her fun-loving self and a successful lawyer.

Along with the lovable story line, the cast will perform song and dance throughout the show. Cast members will be instructed by seasoned campus music director Dr. Brian Lanier.

For Lanier, Legally Blonde will be his sixth college production at Northwest. He is particularly excited about the musical because of the extraordinary cast.

“I believe the brilliance of the score and the exceptional talent of

the actors, singers and dancers will truly amaze the audience,” said Lanier.

Legally Blonde was adapted from its original movie format to a musical.

The production has a lot to offer with its many dazzling performances throughout the show. The production is also very modern and offers something for every type of music lover.

“Another exciting part of the show is the variety of music in the score,” said Lanier. “Everything from rock to disco to reggae to blues.”

Part of the exceptional cast is freshman Ryann French. Legally Blonde will be her first college production. She will be playing the part of Whitney, a party hostess who finds herself caught up in the drama between Elle and antagonist Vivienne.

French has not revisited the original Legally Blonde since she was younger. She is hoping to use her love of music and theatre to influence her character.

“I am going into this production with a fresh look on the characters and the story,” French said.

With this talented cast, promise of wonderful performances and a large variety of song and dance

Legally Blonde

The Musical

Performances

April 7 through April 9 at the Ron Houston Center for Performing Arts.

Ticket Info

Students and Seniors \$10  
Adults \$12  
Tickets can be purchased at the Student Services Center on the first floor of the Administration building, Monday through Friday 8 a.m. to 4:30 p.m.

Extra Ticket Info

Anyone wishing to purchase tickets over the phone can do so at 660 562 1212 with a valid credit card. Tickets can also be purchased at the door beginning one hour prior to the show's start time.

numbers, audience members will not leave disappointed.

“There are also many dance numbers and wonderful tunes. If musicals aren't your thing, there is a deep plot that drives the show forward,” French said. “It will be a great time for everyone who wants to go see the production. It will be a night you will never forget.”

## THE STROLLER: Your Woman Wants You to Turn Off Your Video Games

If you have to ask “what?” after every single thing that your woman says when she is talking on the phone with you, chances are that phone call is going to end in an argument.

The Entertainment Software Association conducted a study which found that 155 million people play video games everyday and 42 percent of Americans play for at least three hours a day.

I get it, video games are popular, they decrease stress, they are fun and they help friends get connected. Blah blah blah blah.

I am not telling all men in the world to sell their game consoles and stop buying the newest game the second it comes

out (even though I am pretty sure that if you did, all of you would find it a lot easier to pay rent on time), I am saying that when your girlfriend takes the time to call you, you should respect your woman enough to pause the game and talk without getting distracted every 30 seconds.

If you have to ask your woman to repeat herself three times, you're done. That conversation has become pointless because you could not sacrifice 15 minutes away from your video game.

Your woman could have something that she really needs to talk to you about and she wants to confide in you, but be-

cause you are so distracted by killing zombies, she feels as though you do not care about her enough to actually listen.

When she hangs up on you, she is not being irrational or PMSing, you are being a jerk and she is feeling underappreciated.

Do not let your PS4 or Xbox One be the other woman in your relationship. I promise, they do not provide a stable future and pretty soon you will be moving on to the next newest, younger model.

*The Stroller has been a tradition since 1918 and does not reflect the views of The Northwest Missourian.*



SCHNEIDER  
CONTINUED FROM A12

“He didn’t shoot threes in high school,” McCollum said. “He came in on a visit he ran pick and pop (with another player) and he started shooting threes and I go ‘oh my, he can shoot threes,’ so we offered him a scholarship.”

Once Schneider arrived on campus, he joined a team that was loaded with senior leadership, most notably guard Deshaun Cooper. Schneider credits the surrounding leadership to his early and most recent success.

“I came into such a great situation,” Schneider said. “First of all, the coaches put me in great spots. Second of all, the five seniors (on the team at the time) were setting screens for me my freshman year. It was really just the situation I was put in. I was built to succeed.”

Despite starting his basketball career with a different role, Schneider flourished during his freshman year.

While he never started a game, Schneider quickly established himself as one of the most accurate shooters on the team. In his first season, he finished second on the team in three-point percentage (44 percent) and scored 7.7 points per game.

With many of the upperclassmen who were on the team when he first came in graduating, Schneider’s role has expanded and he has grown into one of the prominent leaders on the team.

Throughout the season, McCollum has complemented his leadership style.

“He’s always ready,” McCollum said. “I can count on one hand the amount of people who have been as ready as he is for every practice, every day, preseason, regular season and postseason. You can always count on him to be the same person and that helps our leadership. He’s tough, he’ll stick his nose in and obviously his shooting ability really changes the game.”

Schneider’s shooting ability is something his teammates have relied on and have grown accustomed to.

Many times this season his teammates and coaches have said that the sky’s the limit when he is open and knocking down shots. Schneider’s ability to attract defenders takes pressure off of his fellow teammates and that is some-



BRIA CREEDEN | NW MISSOURIAN

Junior forward Zach Schneider set the record at 216 makes out of 507 attempts, putting him at 42 percent on his career.

thing his coaches see.

“Some games over the years, you’ll look out there and Zach might be 0-2 and people will say ‘Zach isn’t getting many shots’ and you’ll look down and see Justin (Pitts) has 30,” Meyer said. “There is a reason, things open up (while) people are guarding Zach.”

Physical toughness is another

element that Schneider has implemented into his game.

Throughout this season, he has been marred by injuries which have led to some missed shots and inconsistency compared to what he has done in the past.

To combat these issues, Schneider has worked on getting healthy and changing his shooting style.

Those adjustments may be in direct correlation to his turnaround and Northwest’s three-game surge. In the Bearcat’s last three victories, Schneider has made 14 of his 21 three-point attempts.

While Scheider is shooting a respectable 38 percent from behind the arc, he believes that he has reached a turning point and that he can build

off his performances.

“There were a couple of games where I missed a lot of shots. It took a little hit on my confidence,” Schneider said. “(After) the last three games, I’m not thinking about it anymore. I’m just letting it fly and that is when I am at my best. I definitely have all the confidence in the world right now.”

TRACK  
CONTINUED FROM A12

“I want to go in and compete at ease and earn bigger marks,” Wichmann said. “I really want to keep

dropping my hurdle time and improving my marks and seeing a good team overall. Everyone is starting to excel, especially over in the pentathlon. I am really looking to see that again this week with a bigger score.”

This strive to improve has an

impact on the overall team attitude.

“Chloe has been a great leader for us and she has trained real hard since she got here. Girls have picked up on that and the real positive energy she brings to practice.”

Wichmann has seen her team-

mates grow as competitors and leaders this season. Meets like the Concordia Invitational will continue to uncover the potential each teammate has.

“There are a lot of girls that really get after it, even a lot of fresh-

men,” Wichmann said. “They just keep going at it and they know what it takes. It is really awesome to see.”

The Concordia Invitational begins Friday Jan. 29 in Seward, Nebraska. The meet will conclude Saturday, Jan. 30.

MEYER  
CONTINUED FROM A12

“Same year we played Washburn at home,” Meyer said. “We were ranked No. 1 in the country, packed house. I remember they wouldn’t even let my mom in. My mom had to pass security to get in, it was so packed.”

Those memories began for the Kansas City native and Blue Springs High School product after a long recruiting process between the Bearcats, led by then head coach Steve Tappmeyer, and their rivals south in Warrensburg..

“It came down to Central Missouri and Northwest,” Meyer said. “I really liked, No. 1, the campus and people here in Maryville. Coach Tapp, the program and the guys were great. I got offered a full scholarship

at UCM and only got offered partial here my freshman year, but my parents just said go where you want to go and don’t worry about the scholarships. That was nice by my parents and it was a great decision to come here.”

Those are the same principles Meyer uses to recruit other high school players as a college coach. Sophomore forward Brett Dougherty saw Meyer as a key reason he committed to be a Bearcat.

“I like Coach Meyer a lot,” Dougherty said. “When I was being recruited by him, he just seemed like genuine guy that was easy to talk to.”

After completing his senior season in 2006, Meyer became a student assistant on staff at Northwest for the 2006-2007 season.

After graduation, he became a full-time assistant coach for the

Bearcats in 2008.

Change followed the program that season when Tappmeyer retired as head coach of the Bearcats. With the arrival of current head coach Ben McCollum in 2009, Meyer knew his job was safe.

“It was a little scary,” Meyer said. “When coach was interviewing for the position, I was really hoping he’d get it because I was sure he was going to keep me on, so I am very fortunate he took a chance on me and I get to learn a lot from him.”

The chance McCollum took on Meyer has paid off with three MIAA regular season titles, three NCAA

Tournament berths and back-to-back Sweet 16 appearances. Dougherty has seen the success first-hand as a player and knows the important role Meyer plays.

“He’s a great coach who really pushes me,” Dougherty said. “Pays attention to the little things and holds me accountable. He’s also good for us off the court because he’s always getting us involved with community events.”

Last July, McCollum rewarded Meyer with his good work by promoting him to the position of associate head coach.

Meyer has been a part of the culture change for Bearcat basketball


dating back to his freshman year in 2002.

It is a tradition he works at continuing now with his new title, no matter how long that may last.

“Carrying it on and being successful and winning,” Meyer said. “Just the culture that we have here and a lot of good people. Division II wise, the support we get compared to other schools is great. Honestly for me, Division II wise, there’s nowhere else I’d rather be. I want to be a head coach and plan on doing that in the near future, but it’s definitely a place I’m really happy at.”



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# Softball pitcher finds new home

**TREY RANDLE**  
Chief Sports Reporter | @Treyrock36

Maryville High School senior Amanda Volner decided to continue her softball career at Southwestern Community College for the 2016 season.

Finishing her senior campaign for Maryville, Volner was named honorable mention pitcher for the Midland Empire Conference. Although her team struggled during the season, Volner emerged as one of the few bright spots for Spoofhounds during 2015.

Entering the 2015 season, there were a few spots on the team that were considered questionable at best. However, when a team can hang its hat on the performance of a senior, that can make all the difference. Although Maryville finished the season with a 4-20 record, 1-8 in district play, Volner showed her capacity to be a leader during multiple points of the season. According to assistant coach Stephanie Mark, Volner stepped up to the plate in that regard.

“Her mental toughness has definitely improved over the course of the season,” Mark said. “She’s getting a lot better at letting things go, going with the flow of things and not letting her emotions get in the way of things which leads to her getting frustrated. We’re proud of her for working on that. She was our number one pitcher and we knew that whenever her number was called, she would give it her all.”

That is what Volner brings to

the table and what gives her an edge while on the field. Her leadership and her mental fortitude is what separates her from other players. When she arrives at SWCC for the 2016 season, that is what she will hang her hat on.

All of the hard work she put in during the offseason translated to all-conference worthy stats. She led the team with 20 hits and 14 RBI’s. Her ability to hit the ball and not leave runners stranded on base is coveted at not just the high-school level, but also at the pro level. Posting a batting average of .312%, Volner contributes her success to her unrelenting will to quit.

“Being a senior, I knew I would have to step up,” Volner said. “I had to leave everything on the field.”

All season Volner has left her mark on the diamond. In the 24 games played last season, Volner batted 1.000 in five of them. Her best performance came Oct. 3 against Gallatin where she went for 4-4 and had two runs to top it off. She would finish the game with two hits and two RBI’s. She would finish the season with eight doubles and 41 strikeouts on the mound.

Volner has emerged as the unquestionable leader for the young Maryville team. Her toughness and grit are only matched by her work ethic and ability to shake off bad plays and advance to the next. After all, those are key traits of a leader. Now Volner will take her leadership to Creston, Iowa, where she will play for the Spartans of SWCC in the fall of 2016.



ISIAH SWANN | NW MISSOURIAN  
Spoofhounds gather up as a team to discuss tactics Tuesday night. Spoofhounds defeated the Golden Eagles 60-39.



ISIAH SWANN | NW MISSOURIAN  
Junior John Zimmerman prepares to drive the ball Tuesday night against Leblond. Spoofhounds advance to second round.

# Hounds basketball advances in Cameron tournament

**ISIAH SWANN**  
Assistant Sports Editor | @iswanny3503

The Maryville Spoofhounds came away with a convincing 60-39 victory over the Bishop Leblond Golden Eagles in the first round of the Cameron tournament.

It was Guard Jackson Golightly who led the way, scoring a game high 14 points. Half of his points came from the free throw line, as he converted 7 of his 8 free throw attempts.

The Spoofhounds got off to a quick start and immediately showed they had little trouble with the over-matched Eagles. Bishop Leblond had no answer for Maryville’s defense. The Spoofhounds did not allow Bishop Leblond to score more than 13 points each quarter.

While Maryville’s defense held Bishop Leblond at bay, head coach Matt Stoecklein said the offense operating efficiently was another key to victory.

“If you look at our box score it looked like it was pretty even,” Stoecklein said. “We moved the ball really well and that got us the open shot.”

As a team the Spoofhounds

made eight three-pointers, which accounted for almost half of their points. Forward John Zimmerman and guard Trey Oglesby combined for half of those three pointers and finished with 8 points each. Guard Chip Dunlap finished with 7 points. Forward Alex Bean and Guard Spencer Morrison added 6 apiece while the bench picked up 11.

“It just shows that it’s not just one person,” Dunlap said.

The first quarter began with Leblond coming out to a full court press. Each and every time, the Spoofhounds would find one of their big men standing wide open in the middle of the court, exposing the Golden Eagles, giving Maryville a 16-9 lead after the first quarter.

“Last year we had trouble with the press,” Stoecklein said. “We spent so much time on it last year and this summer that so far, the press really hasn’t bothered us. We have good ball handlers and good height. We just have to get it in the middle and go.”

Maryville had a six point lead early in the second quarter until Zimmerman fired back to back three pointers giving the Spoofhounds a 23-10 lead. From there on out, the Spoofhounds were able to put the

game in cruise control while coach Stoecklein was able to play many of his reserves, saving the starters for later in the tournament.

“We were hoping to play about nine (boys) tonight, then hopefully get that bench in,” Stoecklein said. “We have three road games here in Cameron and by Saturday we could be worn down. This keeps us a little bit fresher.”

With Smithville and Excelsior both in the stands during the game, Maryville was able to strut their stuff and show what was lying ahead for whichever team was to advance.

“It puts a little intimidation into the next team,” Dunlap said.

The Spoofhounds have many ways to pick apart their opponents, but coach Stoecklein has one thing in mind every game that he preaches to his team day in and day out.

“Our defensive effort,” Stoecklein said. “That’s probably the thing we’ve been focusing on the most.”

No matter who Maryville faces, their opponent can surely anticipate a heavy dosage of that Spoofhound defense.

The Spoofhounds advance past the first round of the Cameron Tournament and will face Smithville this Thursday at 8:30 p.m.

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WOMEN'S BASKETBALL

MIAA Standings

	Overall	MIAA
Missouri Western.....	18-1	12-1
Fort Hays St.....	17-2	11-2
Emporia St.....	15-3	9-3
Pittsburg St.....	15-4	9-4
Washburn.....	11-7	7-5
Central Oklahoma.....	13-6	7-6
Missouri Southern.....	13-6	7-6
Southwest Baptist.....	11-7	6-6
Central Missouri.....	7-10	6-6
Nebraska Kearney.....	10-9	6-7
Lincoln.....	7-12	3-10
Lindenwood.....	7-12	3-10
Northeastern St.....	5-14	2-11
NORTHWEST.....	3-16	1-12

Jan. 30  
NORTHWEST at Pittsburg St.

Feb. 4  
Lincoln at NORTHWEST

MEN'S BASKETBALL

MIAA Standings

	Overall	MIAA
NORTHWEST.....	13-5	10-3
Lindenwood.....	13-6	9-4
Lincoln.....	12-7	8-5
Missouri Southern.....	11-8	8-5
Washburn.....	11-8	7-5
Fort Hays St.....	13-6	7-6
Nebraska Kearney.....	10-8	7-6
Central Missouri.....	12-6	6-6
Central Oklahoma.....	10-9	6-7
Emporia St.....	8-10	5-7
Pittsburg St.....	10-9	5-8
Missouri Western.....	6-13	4-9
Northeastern State .....	5-12	4-9
Southwest Baptist.....	8-10	3-9

Jan. 30  
NORTHWEST at Pittsburg St.

Feb. 4  
Lincoln at NORTHWEST

MHS GIRLS BASKETBALL

MEC STANDINGS

	Overall
Benton.....	18-0
Lafayette.....	14-3
Chillicothe.....	13-2
Smithville.....	9-3
Savannah.....	7-6
Bishop LeBlond.....	8-10
MARYVILLE.....	2-10
Cameron.....	0-12

Jan. 28-30  
Cameron Tournament

Feb. 2  
MARYVILLE at Lathrop

Feb. 4  
Smithville at MARYVILLE

MHS BOYS BASKETBALL

MEC STANDINGS

	Overall
Lafayette.....	15-2
MARYVILLE.....	11-4
Benton.....	11-5
Chillicothe.....	10-6
Smithville.....	8-6
Bishop LeBlond.....	7-10
Savannah.....	4-7
Cameron.....	4-8

Jan. 28-30  
Cameron Tournament

Feb. 1  
LeBlond at MARYVILLE

Feb. 2  
MARYVILLE at Lathrop



# Hounds look for spark at Quad State

ISAIAH SWANN  
Assistant Sports Editor | @lswanny3503

Despite their struggles as of late, the Maryville wrestling team sees an opportunity to turn things around.

With the Quad State tournament coming up this weekend, head coach Connor Kellerstrass believes the momentum from this tournament can boost his team's spirit in the last few competitions of the season.

"It's very important," Kellerstrass said. "We've talked about how the season is winding down. We have a pretty tough conference in wrestling, so it would be nice to take a couple of our guys down to conference and win some medals."

This season has been well below expectations thus far for Kellerstrass and his team. The team finished sixth out of eight in the MEC tournament and with conference and state tournaments right around the corner, Kellerstrass looks to push his athletes one last time.

"We've been trying to instill a certain intensity in the room,"



Kellerstrass said. "I don't want the guys to give up anything. We want them to come in here and fight to earn everything in this room."

Despite not getting the results they expected, Kellerstrass is encouraged with his team's work ethic and focus.

One thing that's been very nice this season is we keep working every day," Kellerstrass said. "We don't back down. The boys have improved every time we step on the mat and we are going to continue doing what we're doing."

This never quit attitude in the team always gives them a fighting chance. Junior Matt Twaddle and senior Jacob Partridge are the two captains for the Spoofhounds. Both veterans provide much needed leadership late in the season.

"It's made us a lot more aggressive," Twaddle said. "We are always working and we push the little kids too. We know what's expected and we know the mentality that takes to win."

Partridge is not convinced he has shown his full arsenal of moves. There is little time left in the season to improve on these sets of skills and he intends on taking full advantage every day.

"I wouldn't say I'm satisfied

by any means," Partridge said. "There are always things I can push to get better. I just need to keep advancing my wrestling abilities and get better every day."

Partridge also talked about how his mindset needs to be on point in order for him to succeed.

"When you have the mentality that you're better than anyone out there wrestling, you can outlast anyone in the state," Partridge said. "That just gives you the confidence that you're in better shape than the guy across from you."

Kellerstrass has helped prepare him for the tournament by getting in on the action himself.

"He comes out here every day and jumps in there with us on the mat," Partridge said. "He tires himself out even though he may not be in the best of shape."

A coach willing to go above and beyond really shows his players that they can do the same.

"He's very hard working and expects a lot from us and we try and make him as happy as we can," Twaddle said.

The Quad State Tournament will kick off at 10 a.m. Saturday morning. This will be the Spoofhounds' last big tournament at home before conference and state.



SHAWNA KINGSTON | NW MISSOURIAN  
Senior Cody Jackson wrestles against Falls City Thursday Jan. 14.



SHAWNA KINGSTON | NW MISSOURIAN  
Senior guard Tember Schechinger defends the ball Jan. 21 against the Loppers.

## Women's basketball shows improvement nearing final stretch

JOSEPH ANDREWS  
Chief Sports Reporter | @joe\_andrews15

The Northwest women's basketball team has found its true identity under interim head coach Buck Scheel.

Scheel has coached a total of 10 games since taking over the program. The majority of the games have been close fought losses. Each has been a step in the right direction for the program.

The season's intensity reached a peak as the Bearcats beat Nebraska Kearney 62-32 in Scheel's eighth game, getting the team's first MIAA win of the season.

"It was one of those situations where the girls finally got to be on the other fence after the ball game," Scheel said. "I know they were very excited. Not just excited with the win, but how we got that win. We put together a solid four quarters offensively and defensively. I felt like we were locked in really well. Just to see them enjoy that excitement and



enjoy that experience, I feel like it is definitely something we are looking to build off of."

The Bearcats put up a close fight against Fort Hays State in the game following the win. The Bearcats kept up with Fort Hays almost the entire game. The energy was lost entering the fourth quarter when the Bearcats lost 46-61.

"A lot of that comes down to our urgency," Scheel said. "At times, we play a little too calm going into the fourth quarter. Thinking about us being in the game with the number three team in the country and how it was a good opportunity to walk out with another win."

Full effort games will help the Bearcats in the final eight games of the season. The team plans to work as hard as possible to eliminate simple mistakes.

"Our defense is there," senior guard Tember Schechinger said. "We struggle offensively. All in all, our pressure is there."

Scheel's main focus over the fi-

nal weeks of the season is to get the team's offensive power back on track while increasing the amount of pressure on both sides of the court.

"Practice wise, we continue to work on situational type drills where pressure is on them," Scheel said. "Then (work on) knowing that they have to get things done and knowing that they have to execute now. They got to know that carrying that over into the next games."

Each of the final eight games will work off of the momentum the team has established.

"Just for our girls to once again understand that we can play with every team in the conference when we are locked in," Scheel said. "Everybody is on the same page and you can't have three or four people not on board. We have to be everybody. For them to get that feeling back again is just one more building block for the rest of the season."

The Bearcats will return to action when they travel to take on Pittsburg State at 1:30 p.m. Jan. 30.

# ATHLETES of the WEEK



## BEARCATS

Zach Schneider



The junior forward for the men's basketball team scored a total of 35 points and racked up 11 three-pointers in the Bearcats' two games against Nebraska-Kearney and Fort Hays State.

Tember Schechinger



The senior guard for the women's basketball team scored a total of 33 points and grabbed 11 rebounds in the Bearcats' two games against Nebraska-Kearney and Fort Hays State.

## SPOOFHOUNDS



Jackson Golightly



The junior guard for the boy's basketball team scored 14 points in the Spoofhounds' 60-39 victory over Bishop LeBlond in the first round of the Cameron Tournament.

Felicia Sheil



The junior guard for the girl's basketball team scored 16 points in the Spoofhounds' 43-42 defeat to Bishop LeBlond in the first round of the Cameron Tournament.



# SCHNEIDER 2:16



## Junior forward nets Northwest career three-point record

JACOB BLAND  
Sports Editor | @J\_Bland93

Jan. 23, after sinking six three-pointers against Fort Hays State, junior forward Zach Schneider became the all-time leader in career three-point makes in school history. The man whose record he beat was none other than associate head coach Austin Meyer.



Schneider’s quest to 216 made three-pointers in the span of two and a half years took an interesting and unlikely journey. Before coming to Northwest, Schneider played at Shawnee Mission East High School. Schneider was surrounded by a wealth of talent during his four years on the team and played a different role than he does now.

“I did a little bit of everything,” Schneider said. “I played in the post, I did shoot a lot outside, but it was more mid-range. I was thinking about it yesterday and I think I took about 30 three-point shots my senior year. It’s not like I didn’t shoot them at all, but not to the level I do now.”

Schneider’s 30 three-point shot attempts are a far cry compared to the 507 he has attempted during his time as a Bearcat. Because of the different role Schneider played in high school, his shooting attributes were not on head coach Ben McCollum’s radar during the recruiting process.

SEE SCHNEIDER | A9

BRIA CREEDEN | NW MISSOURIAN

Junior forward Zach Schneider successfully surpassed the three-point record Saturday evening against Fort Hays State.

## Meyer finds success as player, coach

JONATHAN BAKER  
Position Here | @TheMissourian

A record setting day for a Northwest Missouri State men’s basketball player brought memories of success into the mind of one of his coaches.



Northwest associate head coach Austin Meyer looked on as junior forward Zach Schneider hit a three-pointer to extend the Bearcats lead over Fort Hays State Saturday to 24. Halfway through the second half, the shot broke the career three-point record held by Meyer. After Meyer

held the top spot since 2006, Schneider now tops the list with 216. “It was a good record,” Meyer said. “Schneider’s (record) is one that’s going to stand for a long time. He still has a year and a half left and hopefully he makes a lot more.” Although his record of career three-pointers falls, Meyer is not short on accomplishments during his time at Northwest. Meyer is eighth all-time in Bearcat history with 1,294 career points. He sits tenth in career field goals made all-time with 453. With all the individual records Meyer has set, it was the

team accomplishments he will remember the most. “The year we went to the Elite Eight,” Meyer said. “I was a sophomore and we went to Bakersfield, California. We won the MIAA tournament at Municipal Auditorium in Kansas City and beat Washburn who was really good that year, a top 10 team.” Prior to its meeting in the conference tournament, Washburn gave Meyer another memory he will never forget.

SEE MEYER | A9

## Good defenses produce champions



JACOB BLAND  
Sports Editor  
@J\_Bland93

In an era where NFL fans are mesmerized by glimmering statistics and high octane offenses, the importance of a good defense has been somewhat forgotten. While a good offense is more “sexy” than an intimidating defense, it is important for people to remember the real goal which is winning a championship. This year specifically, and in years past, championships have been won and lost on the defensive side. Bearcat fans can attest to this notion. While I do not want to take anything away from the Northwest offenses of the past and present, the Bearcats have won five National Championships by building a rich history of playing tough and physical defense. Take in account that football is in most cases played out in the elements in the middle of the winter. With that in mind, it is not uncommon to see even the most talented of offenses struggle, especially during the postseason. Both teams who are in the Super Bowl this year got there because of defense. While Peyton Manning will go down as one

of the best quarterbacks to ever play the game, his skills have diminished to the point where he has almost become irrelevant. Let’s be honest, Johnny Manziel could have been the quarterback of the Denver Broncos and they still would have themselves playing on the biggest stage. A little less than halfway through the year, the Broncos were at a perfect 7-0. With the exception of their win against the Green Bay Packers, the “No Fly Zone” was directly responsible for the team’s incredible start. The Broncos were not winning blowouts, they were winning hard fought contests that came down to the wire. It became painfully obvious that if Manning could just keep himself from getting in the way, the Broncos defense could do enough for the team to squeak out with a win. Part of what goes into a good defense is the ability to create turnovers and produce three and outs. What the Broncos did throughout the season was something special. It’s one thing for a defense to record a few picks-6s and fumble returns for touchdowns, it’s another to do it on multiple occasions to win the ball game. This is what the Bronco defense did time and time again.

SEE DEFENSE | A9

## Track to hit the ground running this weekend

JOSEPH ANDREWS  
Chief Sports Reporter | @Joe\_Andrews15

Northwest Missouri State Track and Field hopes to add more depth to the NCAA Division II provisional qualification list while competing in the Concordia Invitational.



Northwest is on the list nine different times. With around 70 Bearcats competing in the meet, assistant coach Emily Peterson believes there will be more to add by the completion of the meet. “This is a really good weekend for us,” Peterson said. “We had two weeks of training, so we had the chance to get a lot of good workouts

while getting rested for this weekend too. We are going to have a lot of good people to have some good prs (personal records), some who get on the national list.” Despite the strong training, a small part has been delayed by the weather. Snow that fell last week left the team making adjustments to ensure full in-depth training occurs. “Most of the track team has been inside,” Peterson said. “Coach Lorek spent two and a half hours clearing off a lane. The grounds crews came out and did the others. The long distance guys have all been outside but they are pretty tough.” Members of the team who already made the list are putting in effort to make themselves better. Senior Chloe Wichmann is on the list in the 400m, high jump, long jump, and indoor pentathlon events. The four qualifications are the most for Northwest so far this season. “This is my last year competing and I wanted to have a good start in the beginning, so knowing I’m already on the list is really comforting,” Wichmann said. Wichmann sees her qualification spots as a chance to expand and develop talents in each of her competitions. Doing this will allow her to shave time off of her qualifications with the chance of qualifying in hurdling.

SEE TRACK | A9